Outdoor Plus Challenge

These cards are designed to help adults keep a record of Scouts' badges – they should not be used as a programme planning tool. To download more of these cards, visit clwydscouts.org.uk/resources

Name of Scout																			
Hold the Outdoor Challenge																			
Have spent at least 8 nights away as a Scout, 4 of which must be camping																			
Take an active part in a further camp of at least two nights, which should include <u>many</u> of the following: *(This list gives an idea of the type and style of the activities that the residential experience should include. Depending on the activity, there may be extra ideas that could be included, which can be discussed in the Troop Forum)*																			
lead a group of Scouts in the setting up of a well-organised site that includes sleeping tents, food & equipment stores, fire/stove, kitchen & eating area																			
plan a balanced menu for a short camp																			
show how to use an axe or a saw or both safely																			
lead the cooking of a meal for the group																			
show knowledge of the safety precautions for the correct use of lamps and stoves																			
cook a backwoods meal with the group																			
build a working camp gadget, such as an altar fire, camp oven or gateway to a campsite																			
take a leading role in a pioneering project																			
build a bivouac and sleep in it																			
The Scout will also need to demonstrate knowledge of emergency aid for the outdoors:																			
demonstrate mouth-to-mouth resuscitation using a simulator																			
know how and when to put a patient in the recovery position																			
know how to recognise and treat fractures and severe bleeding																			
know how to use direct pressure to stop bleeding																			
demonstrate an awareness of the dangers of temperature extremes, such as sunstroke, dehydration, heat exhaustion and hypothermia, and know how to prevent and treat them																			
Completed (date)																			

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